How to be a @GPJournalClub co-chair

#gpjc is a live, twitter-driven, primary care journal club, taking place every month. Tweets are welcome from healthcare professionals, academics, patients and carers, from anywhere in the world.

Co-chairing takes a little bit of time and commitment, so here's a run-down on what is involved:

At least 2 weeks before the chat

- 1. Choose a recent (past 12 months) research paper or guideline, relevant to primary care.
- 2. Develop engaging topics, related to the chosen article or guideline, with 4-5 main questions.
- 3. Promote your role as co-chair of #gpjc chat on your own social media channels.

During the chat

- 4. Be online for at least one hour.
- 5. Greet and chat with people during the intro session.
- 6. Use #gpic in all your tweets so that it is easy to follow the discussion.
- 7. Use #Q1, #Q2 etc. to denote the question you are tweeting about and help to structure the discussion.
- 8. Engage via replies and retweets with people as they answer the question at hand. Ask questions, tweet thoughts, ask others opinions and answer any questions they may have. @drpoco will be there to back you up, round up any non-hashtaggers and retweet important points.
- 9. Close the chat by thanking everyone for coming.

Suggested chat structure

5	10	10	10	10	10	5
Intro	#Q1	#Q2	#Q3	#Q4	#Q5	Close

After the chat

10. Write a post-chat blog that summarises the chat (about 200 words). This needs to summarise the general themes of the chat and your thoughts and feelings about the chat. We would like this within 1 week of the chat if possible.

Tips for being a host:

- Come join as a participant first! If you have not yet participated in a #gpjc chat, or another tweet chat, we really encourage you to join one before you co-chair, so that you get to know the people, recognise the friendly culture.
- Use a Twitter Chat App/Website Make sure you are using a computer and not a phone. A tablet can do in a pinch or if you are an experienced host. Some of the more common ones are Tweetdeck, Hootsuite, Nurph.com, Tweetchat.com, tchat.io. Try one out that you like before the chat and use it. If stuck, the usual twitter feed will suffice, but it's a bit clumsier.